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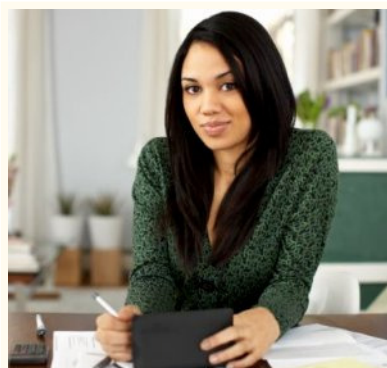
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## Financial Wisdom

 POSTED MAY 11TH, 2009  
BY KEVA

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*If you don't like something, change it. If you can't change it, change your attitude. ~ Maya Angelou*

During these challenging economic times it is important to understand that you are not equal to the adversities that you are facing. In other words, you are not equal to job loss, you are not equal to home foreclosure, you are not equal to bankruptcy, or any other adversity that you may be facing. These are only

temporary situations. They are not the whole of who you are. Our ancestors and elders faced these adversities and many more and came through them stronger, wiser and more determined to create a better life for themselves.

We need to mirror their determination! I was often told by my maternal grandmother who lived through the Great Depression that one of the ways that she and her family were able to make it through the hard times was to pray and to "keep their hand in God's hand" and that is what I am suggesting that each of us do during these challenging economic times. I am asking that each of us commune with our Higher Power, open ourselves to positive change and understand that no matter how bad things may appear, we are NOT being punished.

The economic challenges that our nation and other nations are facing are simply a display of the law of cause and effect in action. The effects that we are experiencing in our lives right now are the results of things that we did in the past. If we are not satisfied with our current state of affairs, change must be made or we can only expect to experience more of what we are experiencing right now in the future. So, stay strong and keep a positive mind state. It's the best way to work through your challenges!

**About The Author:** Fellow YMIB Circle Sister [Keva Larthridge-Mack](#) is a holistic health practitioner, spiritual development teacher and spiritual vocalist who lives and practices in the Dallas-Fort Worth area. For more information on her and the services that she offers, be sure to visit her website at [KevaLarthridgeMack.com](#)

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